

"Friendships contribute significantly to the development of social skills, such as being sensitive to another's viewpoints, learning the rules of conversation, and age-appropriate behaviors." Paul Schwartz.

"The Importance of Childhood Friendships and How to Nurture Them"

By: Lena Auberdene Derhally

This month students are going to begin learning about Pledge #2... I will be a true friend.

Students will learn how to be a friend to others while completing different lessons and challenges during the month. Childhood friends are valuable and necessary for a child's social and emotional development. Children with good friends have higher self esteem and can cope with life's stressors better than children without friends. It is important to help children learn how to make and keep friends in order to build social and emotional skills.

## PARENT/GUARDIAN CHALLENGE:

This month, we challenge each of you to make something (a card, cookie, treat, etc.) with your child for a friend. Take it and deliver it to the friend to brighten their day!

