



Golden Gate Kids November Newsletter

“We all remember our first childhood friend. The one we woke up excited to see inside the school gates. Play dates filled with adventure, fun, and laughter.”

Children and the Benefits of Friendship By: Life Education

This month students are going to begin learning about Pledge #2...
I will be a true friend.

Making and keeping friends isn't always easy for children. There are a lot of skills that need to be taught and practiced. Some children easily move from group to group naturally, while others struggle. Children need to manage and build their own friendships. Often, caregivers want to interfere and take control. Here are some ways adults can help children navigate friendships, develop social skills, and become more confident.

- Help develop social skills early like sharing, thinking of others, and listening.
- Demonstrate how friendships work by showing them how you interact with friends.
- Help your child find children with similar interests.
- Offer older children icebreakers to use if they're feeling shy. You can also practice role play.
- Help them find new interest areas and help boost confidence.

PARENT/GUARDIAN CHALLENGE:

This month, we challenge each of you to help your child call up a friend to catch up with them. If possible, help your child set up a playdate with their friend.

