

I will be my
BEST SELF!



Golden Gate Kids May Newsletter: I will be my best self.

“When you walk your talk and do the right things, it makes your world a better place, both for you and for those you care about.” Barton Goldsmith Ph. D *Being Your Best Self- Even When Times are Tough*

This month, students are going to begin learning about Pledge #8...

I will be my best self!

Students will learn how to be their best self! When you are a person of honor, it keeps you on an enriching path. It helps you maintain a positive outlook on life and makes you a happier person. When you are your best self without compromising your values, you will feel better and others around you will too. When you see a friend succeed, it should bring you a feeling of joy as well. People who have this quality know that the good that comes to others will affect them in a positive way.

Being a good person also means giving others room to be themselves, even if you don't agree with their actions. All you can do is be the best *you* can and hope others will like it too.

PARENT/GUARDIAN CHALLENGE:

This month, we challenge each of you to write a letter to each of your children telling them what you love about them. What positive traits do you see emerging in them? How do they show their best self?

