

## Elk Meadows Elementary Kindergarten Orientation 2025-2026 Videos

Mrs. Fjeldsted Hello Kindergarten Friends and Families! I am so excited that you get to come to Elk Meadows for kindergarten next year. My name is Mrs. Fjeldsted, and I am one of the kindergarten teachers here at Elk Meadows. I am super excited that you get to come and join us. We have so much fun in kindergarten. We learn to read. We learn to count. We learn to write and we do lots of fun activities. I can't wait to see you in the halls. A little bit about myself, like I said my name is Mrs. Fjeldsted. I have four daughters and two of those daughters are in college now. And then I have a daughter that's over at Bingham High School and a daughter that's at Elk Ridge. So, you might have friends or family that go to Bingham or Elk Ridge too. At my house, we love to watch movies. We really like to watch Hallmark movies. We love to have pizza. Does anyone else like pizza? Oh, pizza's the best. I love chocolate. Chocolate is my favorite. Does anyone else like chocolate? I would have to say my favorite animal is a dolphin. Does anyone else like dolphins? Alright. And I love coming to kindergarten. I am so excited to see you in the fall. You enjoy your summer and I will see you next year. Bye-bye.

Miss Snow

Hello everyone. My name is Janice Snow and I've been teaching so long I can't even remember anymore— since about 1988. I've been teaching kindergarten for a long time, and I'm very excited to have the kindergarteners come to our classroom and we're ready to go. Some things about me, I like to paint and draw and sculpt things and do all kinds of things like that. I like to also drive red cars and I think they're very fun. Well, I look forward to having all the wonderful kindergartners come this next fall and I hope you have a wonderful day. Thanks. Bye.

Mrs. Spallino

Hello incoming Kindergarteners and your parents! My name is Mrs. Spallino and I am one of the kindergarten teachers here at Elk Meadows Elementary. I'm super excited for this upcoming year. Kindergarten is such a fun year. We learn about our letters and we begin to read. We also learn about our numbers and number recognition and then we learn addition and subtraction. It is such an exciting and fun time. I think one of the best things that we learn in kindergarten is how to make friends, and We enjoy playing at recess with our friends. Now a little bit about me. I love the outdoors! I love to hike and I love to ski. I like to go camping and paddle boarding. I also like to go four wheeling. If it is something that you do outdoor, I probably enjoy doing it with my family as well. I'm really excited to meet you! Come excited to learn.

Mrs. Smith

Hi Falcons! My name is Mrs. Smith and I am so excited to be your principal. I want to talk to you about what my job is here at Elk Meadows and tell you now excited I am for you to join our

kindergarten. Mrs. Smith has two jobs— okay— the first one is that it is my job to keep you safe at school. I know you guys are going to be so brave and you're going to leave your moms and dads and come to school with us here. You're going to have a teacher and awesome friends and you're going to get to do a lot of fun things at kindergarten. It's my job to make sure when you're out on your playground, when you're riding the bus, or walking to school that you are safe here and that you feel safe, and I take that job very seriously. My number two job is to make sure that all of the students at Elk Meadows are learning, so we have a lot of fun ways that we learn here at school. Sometimes we practice our writing, you're going to learn all of your letters and learn how to read, and we make sure that we make every day new and exciting. When we're at Elk Meadows, while we're learning and being safe, you have the opportunity to earn little blue tickets. These tickets are called falcon tickets, and I come around every week and I draw a couple of falcon tickets from your class bucket. You get a chance to earn prizes! It is so much fun! So that's something that I think you'll look forward to being a new kindergarten student at our school. We are so excited to have you and you are going to be one of our Falcons! So, when you see me in the halls, make sure that you wave. I'm so excited for you to come and start being one of the Falcons and being a kindergartner here at Elk Meadows. See you later Falcons!

Mrs. Young

Hello. My name is Julie Young. I'm the school nurse over here at Elk Meadows Elementary and welcome to Kindergarten Orientation. We're just going to go over a few things that you will need for your child for kindergarten. The first one is their birth certificate and immunization records. We do require those. So, if you bring those in, the secretary can make a copy and give the original back to you, but we do have to have them. For state law, students must be up to date on all their immunizations. So, if you bring that in, we can copy it. Any exemptions can be done through the health department, and we would need an exemption for each immunization. Let's see, we have to have a record of each of those for the school, and if you need help with those, there's reduced or low no cost immunizations that can also be done through the health department. Next thing is vision screens. It's recommended that your child get a vision screen through their doctor before they start kindergarten and that's usually done at their well child visit before they start. If it's not done, it's okay we do check kindergarten, first, third, and fifth grade in the fall usually. If it gets missed or something then hopefully, we'll catch it in the fall and you'll get a note that comes home saying that your child needs to see a doctor if they do need one. Also, we do have vouchers available if there's a problem with being able to pay for glasses and your child needs them— so that's something you can reach out to me about if you need help with that. The next thing is medications at school. We do not allow children to carry their own medication at school unless it's something like insulin or an inhaler and even then, we have to have permission signed from the doctor that they can do it. Any medication at school needs a doctor's signature. We have a special form for that that you can get in the office. It has to be signed by the doctor every year even for cough drops or essential oils— anything over the counter— anything that we administer to your child at school has to have a signed medical order from the doctor every year for it. Anything else stays locked up in the office so that they can only get it if they come up front. That's something if your child needs any medication, please make sure when you're visiting your doctor for that well child visit that they sign all those orders. We

have to have a separate one for each medication. The school will be trained on medical education storage and administration. Every year we train them on EpiPens and all those things every year, so if your child needs that we're happy to help them out. We do not stock medication for your child, so if there is something they need, it's something that you have to bring in along with that signed order. That leads us to health care plans. If your child has any kind of medical issue, we're happy to help with you work on a medical plan that helps your teacher know what's going on and how to deal with it. Anything like diabetes, seizures, food allergies, heart issues or anything that might be a struggle for your child, let me know and we're happy to help you with that. The office also has a form that we need to do that-- it's a release form that has to be signed every year. It lets me know that we need to work on something. If you have any concerns or issues, then talk to the office and they can get you that form and we can work on a health care plan for you. The next thing is sick kids. We request that when children are sick, they stay home. So, fever, vomiting, and diarrhea are all contagious things. If your child has any of these things, we ask that you keep them home until they have been without any symptoms for at least 24 hours without medication. If they are at school sick, then you can plan on possibly getting a call to come and get them. We just have kids that are immunocompromised or have other issues that we want to keep safe at school. We ask you to use your best judgment on keeping kids home when they're sick. It's also a great time right now to help your kids learn how to wash their hands and make sure they know how to cover their mouths when they cough or sneeze. Our office is really good about if there's any accidents or anything, they're great about calling and telling you about it and having you bring a change of clothes, if needed, or letting you know if there's an issue. They're great about working with things. As far as any snacks and everything, we're trying to be, we have a lot of kids with allergies, so we're trying to discourage a lot of food brought in just because we have kids with so many allergies, we want to keep them all safe. We would encourage you, if you have to send something to school, to make it a non-food item. That would be great. I think that's about all I have. If you have any questions, I'm the school nurse and I'm happy to help you out. Thank you. Bye.

Ms. Hartzell Hi future Kindergartners, My name is Ms. Hartzell- Um I am the school counselor here at Elk Meadows and I'm so excited to meet you guys next year! Um- Elk Meadows is an amazing school. Your guys are going to have so much fun here. My job as a school counselor is to help you guys feel safe and happy here at school. You might see me in your classroom on your first few days of school. I know it can be hard to leave our Mom's and our Dad's, so I will be there to help you Um and I will also see you at recess or in the lunchroom. Help you to learn all the things about Elk Meadows and how we do it here at our school. So I look forward to seeing you guys. Um we have the best teachers. You will have so much fun in your classrooms, and I will see you soon. Bye,